



Scituate High School & Gates - Scituate Public Schools

April - Spring is HERE!

@scituateschoolnutrition @scitnutrition



Monday Tuesday Wednesday Thursday Friday

**\*\*\*The USDA extended a waiver that allows schools to serve FREE BREAKFAST and LUNCH to ALL students, through 6/30/21. We are thrilled with this news as it means that we will be able to provide all Scituate students with the option of nutritious food for FREE that will support them, both in school and at home.\*\*\***

	3/29/2021	3/30/2021	3/31/2021	1	2
<b>Hot Choice</b>	Steamed Hot Dogs with French Fries & Baked Beans	Macaroni & Cheese with Peas and a Dinner Roll	Cheese Pizza Day with Vegetable & Fruit Choices  <i>Virtual meals STILL available at Gates and SHS from 11am-12pm</i>	Steamed Hot Dogs with French Fries & Baked Beans	No School
<b>Sandwich Box</b>	Tuna Salad, Chips, Fruit	Tuna Salad, Chips, Fruit		Tuna Salad, Chips, Fruit	
	Uncrustable, Chips, Fruit	Uncrustable, Chips, Fruit		Uncrustable, Chips, Fruit	
<b>Salad Box</b>	Garden Salad with Tuna, Pita	Garden Salad with Tuna, Pita		Garden Salad with Tuna, Pita	
<b>Breakfast</b>	Tuesdays (Cohort A) & Thursdays (Cohort B): Breakfast Bags of 7 days available when leaving the building: Assorted Muffins, Cereals, Bars, accompanied by Fruit or Juice and Milk				
	5	6	7	8	9
<b>Hot Choice</b>	<i>Breakfast For Lunch! French Toast</i> with Sausage, Tots & Fruit	Chicken Fajitas with Peppers & Onions	Cheese Pizza Day with Vegetable & Fruit Choices  <i>Virtual meals STILL available at Gates and SHS from 11am-12pm</i>	<i>Breakfast For Lunch! French Toast</i> with Sausage, Tots & Fruit	Chicken Fajitas with Peppers & Onions
<b>Sandwich Box</b>	Chicken Salad, Chips, Fruit	Chicken Salad, Chips, Fruit		Chicken Salad, Chips, Fruit	
	Uncrustable, Chips, Fruit	Uncrustable, Chips, Fruit		Uncrustable, Chips, Fruit	
<b>Salad Box</b>	Chicken Caesar Salad with a Roll	Chicken Caesar Salad with a Roll		Chicken Caesar Salad with a Roll	Chicken Caesar Salad with a Roll
<b>Breakfast</b>	Tuesdays (Cohort A) & Thursdays (Cohort B): Breakfast Bags of 7 days available when leaving the building: Assorted Muffins, Cereals, Bars, accompanied by Fruit or Juice and Milk				
	12	13	14	15	16
<b>Hot Choice</b>	Chicken Tenders with Sweet Potato Fries and all the sauces	Cheese Quesadillas with Rice and Corn	Pasta with Meatballs, Steamed Vegetables & a Roll	Steamed Hot Dogs with French Fries & Baked Beans	<i>Cheese Pizza Day</i> with Vegetable & Fruit Choices
<b>Sandwich Box</b>	Turkey & Cheese, Chips, Fruit	Turkey & Cheese, Chips, Fruit	Turkey & Cheese, Chips, Fruit	Turkey & Cheese, Chips, Fruit	Turkey & Cheese, Chips, Fruit
	Uncrustable, Chips, Fruit	Uncrustable, Chips, Fruit	Uncrustable, Chips, Fruit	Uncrustable, Chips, Fruit	Uncrustable, Chips, Fruit
<b>Salad Box</b>	Garden Salad with Chicken Salad	Garden Salad with Chicken Salad	Garden Salad with Chicken Salad	Garden Salad with Chicken Salad	Garden Salad with Chicken Salad
<b>Breakfast</b>	Cohort C meal bags available at GATES from 11am-12pm Wednesdays. Limited supply of Breakfast Bags available outside the main office when leaving the building Thursdays.				
	19	20	21	22	23
	No School	No School	No School	No School	No School
	April Vacation	April Vacation	April Vacation	April Vacation	April Vacation
	26	27	28	29	30
<b>Hot Choice</b>	Chicken Patty Sandwich French Fries & Vegetables	<i>Breakfast For Lunch! French Toast</i> with Sausage, Tots & Fruit	Macaroni & Cheese with Peas and a Dinner Roll	Beef Nachos with Rice, Beans, and all the fixings!	Cheese Pizza Day with Vegetable & Fruit Choices
<b>Sandwich Box</b>	Italian Sub, Chips, Carrots	Italian Sub, Chips, Applesauce	Chicken Salad, Chips, Fruit	Italian Sub, Chips, Carrots	Italian Sub, Chips, Applesauce
	Uncrustable, Chips, Celery	Uncrustable, Chips, Fruit	Uncrustable, Chips, Fruit	Uncrustable, Chips, Celery	Uncrustable, Chips, Fruit
<b>Salad Box</b>	Chef Salad (Ham, Egg), a Roll	Chef Salad (Ham, Egg), a Roll	Chicken Caesar Salad with a Roll	Chef Salad (Ham, Egg), a Roll	Chef Salad (Ham, Egg), a Roll
<b>Breakfast</b>	Cohort C meal bags available at GATES from 11am-12pm Wednesdays. Limited supply of Breakfast Bags available outside the main office when leaving the building Thursdays.				
<b>USDA Waiver</b>	***The USDA extended a waiver that allows schools to serve free breakfast and lunch to ALL students, through 6/30/21. We are thrilled with this news as it means that we will be able to provide all Scituate students with the option of nutritious food for free that will support them, both in school and at home.***				
<b>ALLERGIES</b>	***Students with Allergies*** - All students eating lunch in school will be asked if they have any allergies before choosing a meal. Breakfast meals will not be consumed on campus or on busses. Students/families with allergies must be responsible for monitoring meal consumption in order to maintain safety.				

Questions, Comments or Concerns? [dstevens@scit.org](mailto:dstevens@scit.org)   
 Food Service Director: David Stevens   
 David can also be reached in the office at 781-545-8750, ext. 143   
 \*A full student lunch includes an entrée supplying protein and grain, assorted fruits, assorted vegetables, and a milk. Milk choices include 1%, and chocolate.   
 \*No Snacks will be offered until further notice.   
 \*This is an equal opportunity provider." Menu is Subject to Change.   
 \*\*\*USDA Universal Free Waiver\*\*\*   
 \*Valid until 6/30/21 or until further notice   
 \*All students receive free meals at no charge