

Come out and skate and play hockey with the **South Shore Seahawks!** We still have openings for our Learn To Skate, Learn to Play Hockey, Mite C In House, and other league programs.

Learn to Skate is a weekly one hour program designed for children ages 4 and older who are novice skaters or have never skated at all! Sessions will be taught by the same coaches consistently each week and we are offering two free sessions beginning on Sunday, September 18th at 10am at Pilgrim Rink in Hingham.

Learn to Play Hockey is the next step following Learn to Skate for those four years old and up who want to learn the fundamentals of hockey. The first session is Sunday, September 18th at 9am at Pilgrim Rink in Hingham.

The Mite C In House program is our continued developmental program designed to assist the advanced house league player through additional ice time, advanced instruction, and more regular competition. This program begins on Sunday, September 18th at 8am at Pilgrim Rink in Hingham.

Please see the attached Program Guide for more information on each of these of programs and other information about the Seahawks.

South Shore Seahawks Youth Hockey

Serving the Communities of Hull, Norwell, and Scituate

2011-12 Program Guide



Many thanks to our sponsors and partners



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Learn to Skate

Learn to Skate is designed to teach beginners of all ages basic form, balance and stride. Whether it is hockey, figure, or recreational skating, students will be well prepared to progress in their future skating. Each one hour session will be taught by a regular group of Seahawk coaches and will take place at 10am every Sunday at Pilgrim Rink in Hingham. The session will consist of several stations and games designed to be fun and advance skill development.

The minimum requirement for LTS are skates, a helmet (either hockey or bicycle), and warm clothes. Recommended equipment includes knee and elbow pads, padded pants, face shield.

Parents are encouraged to join us on the ice. Skates and helmets are required for parents as well.

Session 1: September 18th – December 18th at 10:00am

Session 2: January 8th – March 25th at 10:00am

For additional information please contact Level Director Lori Loughlin at loriloughlin16@gmail.com



Learn to Play Hockey

Learn to Play Hockey is the next step following Learn to Skate for those four years old and up who want to learn the fundamentals of hockey. The LTPH league will consist of up to six teams, all with their own set of coaches. The teams will participate together in a weekly skills/practice session at 9am on Sunday morning at Pilgrim Rink in Hingham. There will be weekly games on Saturday at Pilgrim Rink. The games will be in a cross-ice format to increase puck touches and keep the kids involved.

Requirements for LTPH are a basic skating ability (child can stand and get up on their own) and full equipment including neck guard. Team jerseys and socks will be provided.

LTPH: Begins Sunday, September 18th at 9:00am and will run every Sunday through March. Saturday games times will be scheduled after the teams are formed.

For additional information please contact level director Ed Smith at edjr@essa.us.com



Mite C In House

The Mite C In House program is our continued developmental program designed to assist the advanced house league player through additional ice time, advanced instruction, and more regular competition.

The program will consist of six teams, all with their own set of coaches. The teams will participate together in weekly skills/practice/games at 6:10pm on Tuesday at Hobomock Rink in Pembroke, and again at 8:00am on Sunday morning at Pilgrim Rink in Hingham. There will be rotating weekly games on Saturday at Pilgrim Rink. The season is capped off with a multi-program Lobster Pot Tournament on Cape Cod.

Requirements for Mite C In House include basic understanding of the game, skating skills, full equipment including neck guard. Team jerseys and socks will be provided.

Mite C In House – Begins Sunday, September 18th at 8:00am

For additional information please contact level director Kevin Leary at kleary@goimagetech.com



Our Other Programs

- Mite League Play
- Mite 3x3
- Squirt League Play
- Squirt 3x3
- Pee Wee League Play
- Bantam League Play
- Midget League Play Full Season
- Midget League Play Half Season
- Girls League Play – 12U, 10U

For additional information please contact our Athletic Director,
Dave Doyle at ddoyle@ft.newyorklife.com



Our Mission Statement

The South Shore Seahawks mission is to introduce our communities the great game of ice hockey, such that every child, through their participation in the program, can enjoy a positive, character building sports experience while creating a passion for the game.

Emphasis will always be placed upon education, personal development, teamwork, and sportsmanship. The individual conduct of board members, coaches, players, and parents will be maintained to ensure a positive culture in which all can honor the sport, and exemplify an organization in which to be proud of.

And above all else...It's always about the kids and having fun.