



Inspire Kids Yoga

With Kim Spires

Fall Classes for Preschool and Kinder Yoga

Mondays 11:45-12:30 in Scituate's Little People Room
Children in the ECC's classes will be escorted to/from yoga.
Begins October 3, 6 weeks, \$60.

Wednesdays 12:30-1, Ages 2-6, at the South Shore Community Center
Children attending the SSCC's computer program will be escorted to Yoga
A shorter version of our regular class to try yoga or for the younger ones.
Beginning September 21, Drop in \$8, 6 Weeks \$42, Or 12 weeks, \$60 per child.
Note 2 year olds can attend this class!

Wednesdays, 1-2, at the South Shore Community Center
Children attending the SSCC's "Something more" program will be escorted to yoga. Beginning September 21, 6 Weeks, \$72 per child

Thursdays, 10:15-11:00am at Open Doors in North Scituate Village
10 weeks \$80, Drop in \$10, begins October 6th

Fridays, 11:45-1:00pm at the Country Way Studio
Children attending Beach St school will be picked up and escorted to yoga
This class is 45 minutes of yoga postures followed by 30 minutes for lunch and conversation. 6 weeks beginning Sept 23, 6 weeks, \$60.

Contact: Kim Spires, 781-545-2952
Check out Inspire Kids Yoga on Facebook

