

**FEBRUARY 2012 Scituate Public School Lunch Menu ALL LUNCHEES ARE \$2.50
THERE IS NO MORE CHARGING OF SCHOOL LUNCHEES**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Pasta w/ plain sauce or meat sauce garden fresh salad w/ low fat dressing whole wheat rolls apple crisp	2 Manager's choice	3 hot and crispy sal's pizza garden salad or veggie sticks choice of milk dish of fruit
6 crispy tender chicken nuggets hot oven baked fries dipping sauce veggie sticks choice of milk fresh fruit	7 <u>Early Release K-12</u> Yogurt ,cereal & banana <u>HS & GATES</u> <u>LITE LUNCH</u>	8 Mac & cheese with crispy topping garden fresh salad hot veggies whole wheat bread,	9 taco's w/lettuce tomato,salsa corn nibblets fresh baked corn bread side of rice diced apricots choice of milk	10 hot and crispy sal's pizza garden salad or veggie sticks choice of milk dish of fruit
13 Chicken Patty on a roll Hot cup of soup Lettuce and tomato Fresh fruit	14 Quesadillas w/salsa, sour cream,rice & side of salad peaches	15 Pasta w/ plain sauce or meat sauce garden fresh salad w/ low fat dressing whole wheat rolls choice of milk jello	16 <u>ELEMENTARY</u> French Toast and Bacon <u>HS AND GATES</u> Steak and Cheese Dish of pears	17 French bread pizza garden salad or veggie sticks choice of milk dish of fruit
20	21 Winter		23 Break	24
27 crispy tender popcorn chicken hot oven baked fries dipping sauce veggie sticks fresh fruit,choice of milk	28 Grilled Cheese w/ Hot cup of Soup Veggie Sticks Apple Crisp	29 Mac & cheese with crispy topping garden fresh salad hot veggies whole wheat bread,	1 MILK OFFERED DAILY: 1% WHITE MILK LOW-FAT CHOCOLATE SKIM MILK TACOS	2 Monday-turkey &Cheese Tuesday-chicken salad Wednesday-egg salad Thursday-ham & cheese Friday-Tuna Salad PB&J Daily <u>PIZZA</u>

Available daily: hot soups, asst sandwiches, peanut butter and jelly, salads and High School offers a fresh salad bar with asst. toppings and low calorie dressings, subs made to order w/asst toppings grilled cheese and pizza